

- WHAT YOU NEED TO KNOW

At its core, the QuickStart Tennis format is all about GROWING the game of tennis. And the best proven way to accomplish this is by 1.) getting kids playing tennis at an early age and 2.) KEEPING kids playing the game from childhood, thru adolescence, into adulthood. By creating shorter and narrower courts, a shorter

net height, a modified scoring system, and more age-appropriate equipment (softer and/or less-pressurized balls & smaller racquets), kids ages 10 and younger achieve earlier success, build confidence and stay in the game. Kids are divided into two age groups: 8 & under (ages 5-8) and 10 & under (ages 9-10).

Age Group 8 & under:

Court Dimensions: 36' long x 18' wide.

Portable Tennis Post Height and Distance:

33" to 36" high, set minimum of 18' apart

Portable Tennis Net Height: 33"

Permanent QuickStart Courts Tennis Post Height and Distance:

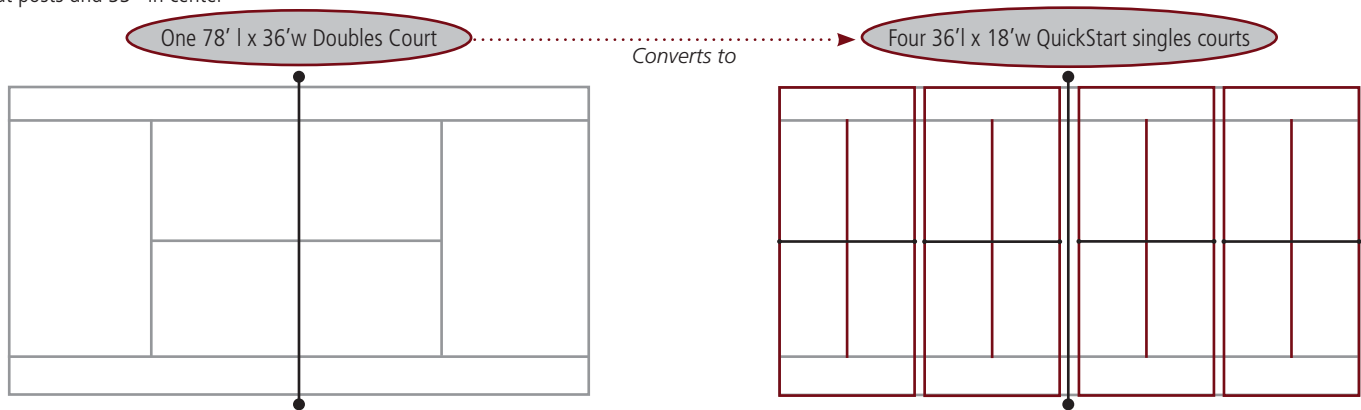
36" h above ground, set 22' apart (center-to-center of posts)

Permanent QuickStart Courts Tennis Net Height:

36" at posts and 33" in center

Court Layout:

You can create four 8 & under QuickStart singles courts on one regulation-size doubles court. You can create temporary lines using "throw-down" court marker lines, tape or chalk. Portable net systems or stringing tape at 33" above the courts can be used for nets. Increasingly, permanent courts dedicated to QuickStart are being built using permanent coatings, line markings, tennis posts and nets.



Age Group 10 & under:

Court Dimensions:

60' long x 21' wide (singles court) and 60' long x 27' wide (doubles court)

Portable Tennis Post Height and Distance:

42" high, set minimum of 21' apart (singles) and 27' apart (doubles)

Portable Tennis Net Height: 42" high on ends and 36" high in center

Existing Tennis Court Post Height and Distance:

42" high above ground, set 42' apart (doubles) & 33' apart (singles)

Existing Tennis Court Tennis Net Height: 42" at posts and 36" in center

Permanent QuickStart Court Tennis Post Height and Distance:

42" high above ground, set 22' apart (singles) and 33' apart (doubles)

Permanent QuickStart Court Tennis Net Height:

42" at posts and 36" in center

Court Layout: You can create one 10 & under QuickStart singles and/or doubles court on one existing regulation-size singles or doubles court. You can create temporary lines using "throw-down" court marker lines, tape or chalk. If using an existing court, you use the existing standard height tennis net. Portable net systems or stringing tape at 36" above the courts can be used for nets. Increasingly, permanent courts dedicated to QuickStart are being built using permanent coatings, line markings, tennis posts and nets.

